Kindly replace Claims 1-7 with new Claims 8-17 as follows:

Claim 8. (New) A lancet for use with a lancing device having a body, a needle or blade positioned therein, and a needle cover, said body and needle cover being formed from plastic, said lancet comprising:

- a) said needle or blade having an elongated body portion:
 - i) having an axis of elongation;
 - ii) having a sharpened end; and
- iii) including an anchor spaced from said sharpened end, located within said body and deviating from said axis of elongation to preclude said needle or blade from moving within said body; and
- b) said plastic body having opposed ports revealing the body portion of said needle or blade.

Claim 9. (New) The lancet of Claim 8, wherein said anchor comprises a substantially perpendicular bend.

Claim 10. (New) The lancet of Claim 9, wherein said anchor is located at another end of said body portion remote from said sharpened end.

Claim 11. (New) The lancet of Claim 10, wherein said lancet comprises a needle.

Claim 12. (New) The lancet of Claim 8, wherein said lancet comprises a needle.

Claim 13. (New) The lancet of Claim 8, wherein said body and needle cover are integrally formed.

Claim 14. (New) The lancet of Claim 8, wherein said body has a cross-section that is generally cross-shaped.

Claim 15. (New) The lancet of Claim 14, wherein said generally cross-shaped body is formed by four runners extending along a length of said body.

Claim 16. (New) The lancet of Claim 15, wherein respective ones of said opposed ports penetrate opposed ones of said runners.

Claim 17. (New) The lancet of Claim 8, wherein said plastic body is made of a material chosen from the group consisting of low density polyethylene, high density polyethylene, grade Q200 plastic, virgin plastic and reclaimed plastic.